

Knot the Point Sox

in knitted & crocheted styles

small preemie (med/large in parenthesis)

needed:

2.75 mm (US 2) double-point knitting needles

or

US E crochet hook

mc: 1/2 ounce fingering yarn

cc: 1/4 ounce fingering yarn

knitting gauge: 12 sts/18 rows = 5 cm (2")

crochet gauge: 11 st = 5 cm (2")

all yarn requirements are approximate

yarn used in photo: pink: Sirdar Snuggly / red: Dreambaby DK / white: Dreambaby Kokonut



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abbreviations:

k: knit

k2tog: knit 2 together as one

Ndl(s): needle(s)

p2tog: purl 2 together as one

p: purl

rnd: round

ssk: slip 2 stitches, separately and knitwise, then knit them together through their back loops

W&T: wrap and turn

ch: chain stitch

ch-X: refers to chain or space previously made: e.g., ch-1 space

hdc: half double crochet

sc: single crochet

sk: skip

knitting instructions:

with CC cast on 24 (32) stitches, 8 st each needle for size small, 10/12/10 for size large. join.

- ♥ work 5 rows in stockinette for rolled cuff
- ♥ with MC and knit 10 rows in stockinette, or until leg is desired length to ankle
- ♥ redistribute stitches -
size sm: ndl1: 12, ndl 2: 6, ndl 3: 6
size lg: ndl1: 16 ndl 2: 8, ndl 3: 8

short row heel

(worked back and forth on needles 2/3 only)

- 1: knit across Ndl 1. Knit across Ndl 2 and 3 to last stitch. Bring yarn forward as if to purl, then slip stitch. (1 wrap created -- on purl rows, take yarn to back as if to knit before slipping stitch). Turn.
- 2: slip just-wrapped stitch. purl across to last stitch. W&T.
- 3: slip just-wrapped stitch. knit next 9 (13) stitches. W&T.
- 4: slip just-wrapped stitch. purl next 8 (12) stitches. W&T.

continue in progression, working one less k or p each turn, until 6 (8) stitches remain unworked in the center

heel turning:

- 1: p6 (8), W&T. (wrapped stitch will have 2 loops)
 - 2: slip just-wrapped stitch. k6 (8), W&T.
 - 3: slip just-wrapped stitch. p7 (9), W&T.
 - 4: slip just-wrapped stitch. k8 (10), W&T.
- continue in progression, working one more k or p each turn, until all heel sts have been worked.
- ♥ k one round

sock foot:

Work in stockinette for 1½" (2") – 12 (15) rnds. or to desired length from back of heel to beginning of toes.

toe shaping & finishing:

- ♥ instep: k1, ssk, k6 (10), k2tog, k1. repeat for sole
 - ♥ next 3 rows, knit around
 - ♥ instep: k1, ssk, k4 (8), k2tog, k1. repeat for sole
 - ♥ next 3 rows, knit around
 - ♥ instep: k1, ssk, k2 (6), k2tog, k1. repeat for sole
- SIZE LARGE ONLY: continue decreases for next two rows.
- ♥ next 3 rows (6 rows, if knotting toe), knit around
 - ♥ instep: k1, ssk, k2tog, k1. repeat for sole
 - ♥ next 3 rows (6 rows, if knotting toe), knit around
 - ♥ instep: ssk, k2tog. repeat for sole
 - ♥ draw yarn through remaining stitches and tie off. weave in all ends. knot toe, if desired

crochet instructions:(worked toe-up):

using CC, ch 4 and join.

- ♥ ch 1. work 5 stitches into ring. join. (6 st)
- ♥ place marker for beg of round. remainder of instep/sole will be worked in a spiral.
- ♥ ch 1. sc in back loop around, increasing 2 stitches evenly. (8 st)
- ♥ sc in each stitch around
- ♥ ch 1. sc in back loop around, increasing 4

stitches evenly. (12 st)

- ♥ repeat previous row until there are 24 (28) stitches.
- ♥ sc in back loop for 8 (12) rounds. join.

short row heel

(worked back and forth on a segment of stitches):

- row 1: turn. sk 1. sc in next 11 (15) stitches. turn.
- row 2: sk 1. sc in next 10 (14) stitches. turn.
- row 3: sk 1. sc in next 9 (13) stitches. turn.
- continue working back and forth, working one less a stitch on each row) until 6 (8) stitches remain.

heel turning:

- row 1: sc in next 6 (8) stitches. sc in the skipped stitch from the previous round.
- row 2: sc in next 7 (9) stitches. sc in the skipped stitch from the previous round.
- row 3: sc in next 8 (10) stitches. sc in the skipped stitch from the previous round.
- continue working back and forth, working one more a stitch on each row (always in the skipped stitch from the previous row) until all 12 (16) have been worked.

leg & finishing:

- ♥ first 3 rnds: sc in back loop around. **last rnd only**, join.
- ♥ next 2 rnd: ch 2. hdc in back loop around. join.
- ♥ next 2 rnd: with CC, ch 2. hdc in back loop around. join.
- ♥ tie off and weave ends. crochet fabric is too stiff to allow the toe to be knotted.

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