

Posey Toes

a toe-up pattern with a semi-wrapped, short-row heel

baby yarn version:

medium (large preemie), 3" (3½") sole
double point needles 2.75 mm (US 2)
approx. ¼ oz baby yarn
gauge: 14 st/20 r = 2"

DK version:

newborn (3 months), 4" (4½")
double point needles 3.5 mm (US 4)
approx. ½ ounce dk-weight yarn
gauge: 11 st/17 r = 2"

adjustments for larger sizes appear in parenthesis
throughout the pattern

yarn used in photo: Bernat Baby



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abbreviations:

incr : make a new stitch using an Simple Increase (backwards "e" or thumb increase)

k: knit

k2tog: knit 2 stitches together (a right-leaning decrease)

LH: left hand

RH: right hand

ndl: needle

p: purl

sl 1: slip 1 stitch (with yarn in back, unless otherwise noted)

ssk: slip 2 stitches, separately, knitwise, then knit together through the front loops (a left-leaning decrease)

WIB: with yarn in back

WIF: with yarn in front

note: WIF and WIB change between the heel and heel turn (depending on whether a bump is created or not), so read carefully

instructions:

make 12(16) stitches using your favourite closed cast on
6(8) sts on each of two needles.

see 2 closed to cast-on methods at the end of the pattern

rnd 1: knit around. first row only, split stitches onto 3 needles
6/3/3 (8/4/4)

rnd 2: **ndl 1** (instep): k1, inc 1, k across to last stitch, inc 1, k1

ndl 2 (sole): k1, inc 1, k across

ndl 3 (sole): k across to last stitch, inc 1, k1

repeat rows 1 & 2 until there are a total of 24 (36) stitches on
the needles -- ndl 1: 12 (16); ndl 2: 6 (8); ndl 3: 6 (8)

knit 20 (22) rows, or to desired length minus approx. ½" for
heel (¾" for DK yarn).

heel (worked in CC):

row 1: knit across. turn.

row 2: WIB sl1, purl to last st. k1. turn

row 3: WIB sl1, k10(12). turn

row 4: WIB sl1, p8(10), k1. turn

row 5: WIB sl1, k8(10). turn

row 6: WIB sl1, p6(8), k1. turn

row 7: WIB sl1, k6(8). turn

row 8: WIB sl1, p4(6), k1. turn

the heel at a glance: 4(5) st that look like purl bumps, 4(6) st
that look like stockinette, and 4(5) st that look like purl bumps

turning the heel:

row 1: WIB sl1. k5(6). insert the tip of the LH needle into the
purl bump at the edge of the RH prev row and k2tog TBL
with next st. turn.

row 2: WIF sl1. p6(7). insert the tip of the LH needle into the
purl bump at the edge of the RH prev row and p2tog
with next st. turn.

row 3: WIB sl1, k7(8). pick up purl bump as before (this one,
and all the rest, will be 2 rows down) and k2tog TBL .
turn.

row 4: WIF sl1, p8(9). pick up purl bump and p2tog. turn.

row 5: WIB sl1, k9(10). pick up purl bump and k2tog TBL. turn.

row 6: WIF sl1, p10(11). pick up purl bump and p2tog
(last heel st). turn.

finishing heel round:

WIB sl1. k11(12). pick up bar between last st and first instep st
and place on LH needle to make an M1 (but do not knit yet).

Pick up the purl bump from the last st on the round (now 2
rows below) and place on LH needle. k2tog TBL.

knit across instep st.

with RH needle, pick up bar between last instep st and first heel
st to make an M1 (but do not knit yet). Pick up the purl bump
from the first heel st on the round (now 2 rows below) and
place on RH needle. ssk.

knit across heel st. (26/34 st)

At this point, two st have been added to the original st count.
For some patterns, it's not a significant change. For this
pattern, make the following adjustments before proceeding
with the leg.

SMALLER SIZES next round -- knit across instep st. k2tog, k10, ssk.
k to end of round. (24)

LARGER SIZES next round -- knit across instep st. k6, k2tog. k to
end of round. (33)

leg/finishing:

knitting on all needles again, knit 1 round. You may want to redistribute the stitches at this time --
ndl 1: 8 (11); ndl 2: 8 (11); ndl 3: 8 (11)
eyelet round: *k2tog, yo, k1. repeat from * around.
knit in stockinette (knit all rows) until leg is desired length minus 1"
work 9(12) rows of k2, p1 ribbing.
cast off using a decrease or sewn cast-off for stretchiness.
weave in all ends.
decorate with a knit/crochet flower, if desired, and thread ribbon or yarn through the eyelets and tie in a bow. Leave plenty of length for tying the booties on baby.

techniques

using 2 circulars instead of double points:

this pattern can easily be converted to circulars -- place the stitches from Double Points 1 onto Circular Needle 1, and place Double Points 2/3 stitches on Circular Needle 2.

two closed-toe cast-on methods:

quick closed toe method -

hold the 2 needles parallel to each other and cast on over your thumb (Simple or backwards "e" Cast On) 1st on the left needle, 2nd on the right needle and so on.

alternate closed-toe cast on -

with a crochet hook the same size as the knitting needle, ch 7(9).

use the hook to draw up a st in the top loop of each of the next 5(7) ch. slide these st off the hook and onto a double-point, or one end of a circular needle.

turn the ch 180 degrees. your stitches, mounted on the knitting needle, are now on the lower side and top loops on the other side of each chain st are open.

use the hook, again, to draw up a loop in the top loop of each of the next 6(8) ch. slide these st off the hook and onto double-point, or one end of a circular needle. if using a circular, be certain to have the needle face in the proper direction when mounting. (12/16 st)

you are now ready to join and begin working in the round.

the tail from the ch (with the extra st) will be on the inside of the toe. at finishing, remove the knot and the extra st and weave in the tail as usual.

decrease cast off:

*k2tog. slip just-worked stitch back to the LH needle. repeat from * to end. clip yarn and draw tail through last stitch to tie off.

for purled decrease cast off, p2tog instead of knitting.

tiny knit rose:

work with same weight yarn and needles as socks

cast on 7(11) stitches

1: [k1, m1, k1] 3(5) times, end k1. (10/16 st)

2: p across

3: *k1, m1 to last st. end k1. (20/32 st)

4: larger sizes only: purl across

casting off:

smaller sizes: work a purled decrease cast off until 3 st remain on LH needle. clip yarn, leaving a 10" tail, and pull through remaining st.

twist the strip into a spiral with the purled side facing the center. use tail yarn and take a couple of stitches through the bottom of the spiral, catching all layers, to secure. sew to top of bootie with tail.

if desired, embroider leaves with yarn or silk ribbon.

tiny crocheted daisy:

work with same weight yarn as socks and a crochet hook of similar size to the knitting needles that were used

with A, ch 5(6) and join to form a circle

1: ch 1, work 10(12) sc into the center of the circle. sl st in top of first ch-1 to join. clip yarn.

2: with B, *ch 10(12). sl st in top of same st. sl st in next sc. repeat 9(11) times. ch 10(12). sl st in top of same st. sl st in top of first st to join. clip yarn.

weave in all petal ends, then sew to top of bootie with center tail.

if desired, embroider leaves with yarn or silk ribbon.

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