

# NICU Petal Hat

in newborn and 3 preemie sizes - adjustments for larger sizes are in parenthesis

## needed:

♥ double point or circular needles in the following sizes:  
baby yarn, 2.75mm (us 2);  
sportweight 3.25mm (us 3)

♥ for all sizes: one 3/4" buttons

gauge: 4"=31 st using baby yarn  
4"=26 st using sport yarn

NOTE: yarn weight or needle size may have to adjusted to meet gauge.

## approximate yardage:

♥ *preemie small* (3 lb-10½" circ):  
100 yards baby yarn

♥ *preemie med* (4 lb-12" circ)  
125 yards baby yarn

♥ *preemie large* (13" circ):  
150 yards sportweight yarn

♥ *newborn* (14" circ):  
175 yards sportweight yarn



yarn used in photo: Bernat Baby

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## terms & abbreviations:

**circ:** circumference

**k:** knit

**k:** knit 2 sts together as one

**m1:** increase one st by knitting into the bar between the current st and the next st

**ndl(s):** needle(s)

**p:** purl

**rnd:** round

**RS:** right side

**ssk:** slip 2 stitches, separately and knitwise, then knit them together through their back loops

**st(s):** stitch(es)

**WS:** wrong side

**yo:** yarn over

## instructions:

Cast on 84(93), join to form a circle being careful not to twist.

1: \*k2, p1. repeat from \* around. repeat for 12(15) rounds

2/3: k around for 2 rounds

4: optional eyelet round: \*k2tog, yo, k1. repeat from \* around.

5: k 42(32), m1, k 42(32). FOR LARGER SIZES ONLY: m1, k to end of round. (85/95 st)

place all but 18(20) st on a piece of waste yarn.

### petal 1 - worked flat (back and forth).

work the following 2 rows until petal is 2½" (2¾", 3", 3¼") above hat band:

RS - k across. turn

WS - k3, p to last 3 st, k3. turn.

last row worked should be a WS row.

### decreases and finishing:

RS: k3, ssk, k to last 5 st. k2tog, k3. turn

WS: k3, p to last 3 st. k3

repeat these 2 steps until 8 st remain.

♥ k3, k2tog, k3 (7 st)

♥ knit across for 2 rows.

♥ bind off, then insert crochet hook into remaining loop,  
ch 6. sl st in top of last st.

♥ weave in all ends.

### petals 2 - 4 - worked flat (back and forth):.

place the next 17(19) st, currently on waste yarn, onto a knitting needle

with RS facing, pick up 1 st in the side of the edge of the 1st row of the existing petal and place on LH needle, then knit across. turn. (18/20) st

work the following 2 rows until petal is the same length as petal 1:

RS - k across. turn

WS - k3, p to last 3 st, k3. turn.

last row worked should be a WS row.

continue with decreases and finishing as for Petal 1.

### petals 5:

place the last 16(18) st, currently on waste yarn, onto a knitting needle

with RS facing, pick up and knit 1 st in the side of the edge of the 1st row of the last petal created, then knit across next 16(18) st. pick up 1 st in the side of the edge of the 1st row of the first petal. turn. (18/20) st

work the following 2 rows until petal is the same length as petal 1:

RS - k across. turn

WS - k3, p to last 3 st, k3. turn.

last row worked should be a WS row.

continue with decreases and finishing as for Petal 1. If making a button top closure, do not make chain loop on this petal.



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### Knit Button Rose:

using a long-tail cast on, create 20 stitches

- ♥ purl across
- ♥ knit across
- ♥ p1. \*m1, p2. repeat from \* to last st. end p1. (26 st)
- ♥ knit across
- ♥ p1. \*m1, p2. repeat from \* to last st. end p1, (34 st)

bind off with a purled decrease bind off to the last 3 st. clip yarn, leaving a 12" tail. pull tail through remaining loops. beginning with the tail end, roll knitted strip with the knit side facing outward.

use tail to tack all layers together.

### Crocheted Button Daisy:

- ♥ with color A, ch 5. sl st in first ch to form a circle. ch 1, work 10 sc into the loop. sl st in top of ch-1 to join. clip yarn.
- ♥ with color B, \* sl st in top of next st. ch-9, sl st in top of same st. repeat from \* around. sl st in top of first st to join. clip yarn. weave in all ends.

### attaching flowers to a button:

Use a length of yarn to secure to the bottom of the flower to the top of the button, though the holes.

Make a shank by pulling the yarn back through one hole (to the flower side) and wrap around the stitches that secure the flower to the button. Pull through bottom of the flower one last time. securely knot, then clip yarn close to the knot.



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