

Adult Clothing Protectors

materials & suggested fabrics:

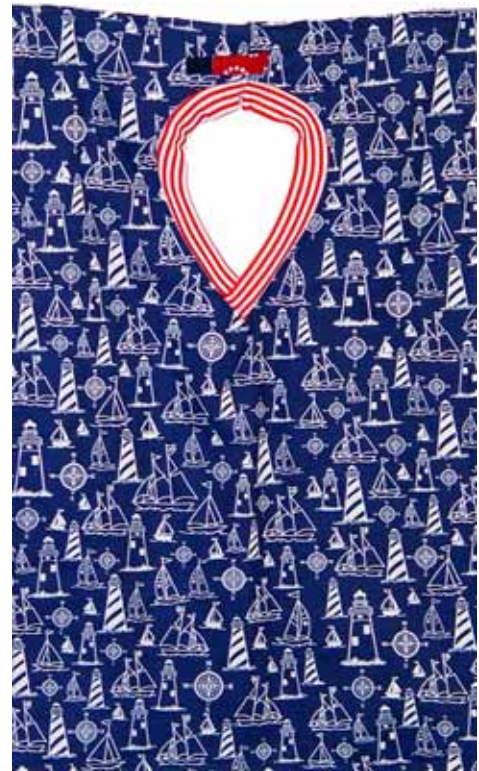
- cotton or poly/cotton blends, contrast for reverse if desired
- cotton flannel (without nylon backing), for absorbent layer
- lightweight drapery lining, for waterproof layer
- knit ribbing for neck
- velcro
- rotary cutter, not required but makes the cutting a breeze

The use of drapery lining make this a little heavier, but in combination with the layer of flannel on top provides a fairly waterproof covering. According to the manager of my local fabric store, they should be fully washable and the lining should hold up fine, except maybe in a commercial dryer.

This covering reaches the top of the lap when sitting, lengthen as desired.

Yardage:

- 1 yard of each fabric (will make 2, if using a contrast for the back)
- 1/2 yard ribbing
- 3" of 3/4" - 1" wide velcro tape.



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ASSEMBLY INSTRUCTIONS

Note: Unless otherwise noted, all seams are 3/8 inch.

- There are two options for finishing and the decision must be made before cutting the top layer -

The "pillowcase" method -- all layers are assembled inside out and a seam is run around from back edge to back edge. After clipping corners turn inside out, iron, and topstitch about 1/4" from edge.

The wrapped edge method -- all layers are assembled right sides out. Cut top layer 3/4" wider than other layers and wrapped around to the back side, fold under 1/4", and stitch.

After assembling these both ways, I personally found the wrapped edge method easier.

- The order of the layers should be: backing fabric (print side down), drapery lining, flannel, top fabric (print side up).
- Using the neck template, cut 2 layers of cotton, 1 layer of flannel, 1 layer of drapery lining.
If using the pillowcase assembly method, try cutting the drapery lining 1/4" narrower around to reduce seam bulk.
If using the wrapped edge method, be sure to cut top layer 3/4" wider around. Alternatively, you could cut the top layer the same size and use seam binding to secure the layers.
- Using desired method, sew back, side and bottom seams closed. Leave neck edges open.
- Cut 2 strips of ribbing -- 3"x9" for med, 3"x10" for large. Fold in half and iron to make a crisp edge.

- With right sides of ribbing together, make a 1/4" seam across one short edge on both pieces. This will be the back neck edge.
- With wrong sides together, serge or zig zag the other short edge of both pieces.
- Make a 1/4 clip in the V of the neckline. Pin the short, serged ribbing edge to the opposite edge at the V of the neckline. The folded edge of the ribbing should be against the neck opening. Sew in place (this seam will be across the short edge and will end at the V).
- Take the long edge and pin it, raw edges together, around the opposite neck edge from the one where you just sewed across the short seam (this process will result in a neck binding that's similar to a v-necked athletic shirt). The finished short edge should be even with the back center seam. Using your serger or a zig-zag stitch, sew the long edge seam.
- Repeat the last 2 steps for the other side of the neck opening. The 2nd short edge will be on top of the ribbing that was just joined. When finished, the two pieces will overlap at the V.
- For the closure -- cut one piece of cotton 2x the length and 2 1/2" width of the velcro. Right sides together, sew across one short end and the long edge. Turn and press. Align the softer piece of velcro with the closed edge of the tab and sew securely in place. Turn the raw edge under and pin in place on the back of the neck, below the ribbing, with the velcro side down and extending beyond the center edge. Securely sew the rough side of the velcro to the other side of the center back opening.

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paper edge is cutting line for back

cutting line - back neck opening

large

medium

adult clothing protector neckline template

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finished length from back edge:
medium - 27"
large - 30"

cut each layer on fold

cutting line - medium

cutting line - large

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